

LABOR & DELIVERY/POST-PARTUM & NURSERY SKILLS CHECKLIST
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NAME: _____ **DATE:** _____

Please check the appropriate letter of proficiency for the following types of clinical situations and equipment.

LEVEL OF PROFICIENCY

- A** = Able to teach & supervise
- B** = 1 year constant experience
- C** = Intermittent experience
- D** = No experience

	A	B	C	D
FETAL HEART MONITORING				
Application of electrodes				
Interpretation of monitor strips				
Doppler				
Fetoscope				
Scalp electrode				
UTERINE MONITORING APPLYING & INTERPRETING				
IUPC				
Palpation				
LEOPOLD MANEUVERS				
Care of patient with DIC				
Care of patient with HIV infection				
Family assessment				
Sterile speculum exam-assist and interpret				
Sterile speculum exam-assist with cultures				
VAGINAL EXAM				
effacement				
dilation				
station				
presentation				
intact vs. ROM				
PATIENT TEACHING				
signs of labor				
signs of preterm labor				
normal discomforts of pregnancy				
nutrition				
medications				

Labor & Delivery/Post-Partum & Nursery Skills Checklist

	A	B	C	D
fetal kick count				
glucose monitoring				
self-administration of insulin				
TEACHING SKILLS				
enema				
mini-prep				
IV start and maintenance				
vital signs				
straight catheter				
Foley catheter				
abdominal-perineal prep				
non-stress test				
CSTOCT				
spin and interpret HCT				
management of fetal disease				
LAB TEST				
urine specific gravity				
clean catch urine				
UA and C & S				
GC culture				
chlamydia culture				
aerobic culture				
anaerobic culture				
CBC, type and RH, GI, antibody screen, lytes, PT, PTT				
DIAGNOSTIC TESTS				
observe ULTZ				
amniocentesis				
chorionic villa sampling				
fetal scalp sampling				
Pad count and monitoring of:				
Administration and monitoring of:				
pitocin				
ritodrine				
prostaglandin				
ANESTHESIA				
pudendal block				
local block				
general				
Oxygen therapy				
External version				

Labor & Delivery/Post-Partum & Nursery Skills Checklist

	A	B	C	D
PATIENT CARE				
Normal labor patients:				
Lamaze				
Bradely				
Leboyer				
gentle pushing				
Childbirth techniques:				
Lamaze				
Bradely				
Leboyer				
Post-Op patients:				
cesarean birth				
tubal ligation				
vaginal birth				
D & C				
Preterm labor				
Preterm ROM				
Vaginal bleeding:				
abruptio placenta				
placenta previa				
Hypertension:				
chronic				
pre-eclampsia				
eclampsia				
DIABETES				
insulin drip				
accu-check				
classifications				
Rh negative				
Hematologic disorders:				
ITP				
DIC				
Cardiovascular complications				
Positive PPD				
Sickle cell anemia				
Fetal demise:				
induction of labor				
disposition of fetus				
bereavement interventions				

Labor & Delivery/Post-Partum & Nursery Skills Checklist

	A	B	C	D
Substance abuse				
Patient Teaching:				
antepartum				
breathing techniques				
analgesic and anesthesia				
cesarean birth				
post-partum				
breast feeding				
normal newborn characteristics				
newborn care				
general pre-op/post-op teaching				
contraception				
Birthing experience:				
labor room birth				
LDR				
delivery room birth				
vacuum extraction				
fundal pressure				
Care of mother				
Care of infant:				
vital signs				
apgar score				
thermoregulation				
cord care				
triple dye				
neonatal resuscitation				
meconium fluid				
assist with intubation				
assist with UA line insertion				
weight				
length				
head circumference				
chest circumference				
suctioning airway				
gastric aspiration				
application of eye prophylaxis				
vitamin K injection				
physical assessment of infant				
triage to nursery or NICU				

Labor & Delivery/Post-Partum & Nursery Skills Checklist

	A	B	C	D
transport to nursery or NICU				
Recovery of mother with:				
NSVD				
low forceps				
vacuum extraction				
cesarean section				
regional anesthesia				
general anesthesia				
post-partum hemorrhage				
infection				
Identification check of mother and infant				
knowledge of equipment:				
cardiac monitoring				
defibrillator				
ambu bag infant				
ambu bag adult				
Harvard pump				
radiant warmers-thermostat control				
radiant warmers-temperature probe				
anesthesia cart				
autoclave				
birthing beds				
delivery room tables				
stirrups				
bovie				
c-section tray				
adair tray for BTL				
major GYN tray				
major OB tray				
NSVD tray				
forceps				
single instruments				
circulating nurse experience:				
NSVD				
cesarean section				
BTL				
D & C				

Labor & Delivery/Post-Partum & Nursery Skills Checklist

	A	B	C	D
double set-up				
Scrub nurse experience:				
cesarean section				
BTL				
Primary nurse experience:				
labor room				
LDR				
LDRP				
delivery room				
recovery room				
Adult CPR				
Infant CPR				
Documentation				
Charge nurse experience				
POST-PARTUM				
Post-partum assessment:				
vital signs				
breasts				
fundus				
abdominal incision				
perineum				
vaginal bleeding/lochia				
Homan's sign				
bladder distention				
maternal adjustment				
Assessing I & O				
Ice/Heat lamp treatments				
IV start and maintenance				
Assisting patient and teaching with:				
breast feeding				
bottle feeding infant				
bathing infant				
cord care				
changing diaper				
dressing and wrapping infant				
post circumcision care				
Teaching mother about her own skin care				
Breast engorgement, knowledge of and prevention				

Labor & Delivery/Post-Partum & Nursery Skills Checklist

	A	B	C	D
Caring for patient giving up infant for adoption				
Caring for patient with critically ill infant				
Caring for the grieving post-partum patient				
Mother/Baby care				
Charge nurse experience				
NURSERY				
Maintenance of neutral-thermal environment				
Obtaining axillary temperature				
Assessing apical pulse				
Use of emergency equipment for infants				
Infant CPR				
Administration & monitoring of emergency drugs				
Oxyhood				
Assessing respiratory rate				
O ₂ administration/management				
Suctioning				
Apnea monitor				
Cardia monitor				
Oral feeding				
Preparation & management of phototherapy				
DOCUMENTATION				
I & O				
color				
activity				
heart/lung assessment				
Gestational age assessment				
PKU				
Weighing and measuring				
Circumcision set-up/observation/documentation				
Preparation for physical exam by physician				
Pulse oximeter				
Isolation nurseries				
cord care				
Care of infant with:				
drug withdrawal				
prematurity				
tetralogy of fallot				
down's syndrome				
hydrocephalus				
cleft lip/palate				

Labor & Delivery/Post-Partum & Nursery Skills Checklist

	A	B	C	D
IV start/maintenance				
Assist with umbilical catheter insertions				
PARENT TEACHING				
bottle/breast feeding				
skin/cord care				
bathing				
phototherapy				
apnea monitoring				
Signs and symptoms:				
dehydration				
fever				
changes in elimination				
changes in feeding				
CHARGE NURSE EXPERIENCE				

The information I have given is true and accurate to the best of my knowledge. I hereby authorize Be Well Nursing, LLC to release checklist to client health care facilities of Be Well Nursing, LLC relating to my contract employment with that facility.

(Signature)

(Date)